




Weakley County School Nutrition Program

MARTIN PRIMARY

October 2018 Menu

Milk choice & Fruit choice offered daily

“This institution is an equal opportunity provider.”

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal & String Cheese Lunchable	Chef Salad Lunchable	Ham & Cheese Roll-up Lunchable	Deli Sandwich Lunchable	Yogurt & Snack Cracker Lunchable
1 Pillsbury Mini Pancakes	2 Cereal Bar	3 Chicken and Biscuit	4 Yogurt & Granola	5 Cocoa Bread
Beef Nachos or Crispitos Nacho Cheese Salsa Potato Wedges Fresh Broccoli and Ranch Apples-Raisels	Corndog or Cheese Sticks w/ Marinara Carrots w/ Ranch Pepper Fries Blueberries/Bananas Remember: National Custodian Day	Bacon Cheeseburger or Chicken Fajita Lettuce, Tomato, Pickles Fajita Veggies Fries Sidekick Slushie/Tropical Fruit	Quesadilla or Traveling Taco Mexican Beans Spanish Rice Mexican Taco Trimmings & Salsa Oranges/Pineapple 	Grilled Chicken or Fish Nuggets Hushpuppies Glazed Carrots White Beans Variety of Fruit
 OCTOBER 8-12 NO SCHOOL		October 15-19 National School Lunch Week		
15 Pillsbury Mini French Toast	16 Cereal	17 Chicken and Biscuit	18 Manager's Choice	19 Muffin
National School Lunch Week				
Stuffed Crust Pizza or Burrito Fries Fresh Side Salad w/ Cherry Tomato Apples/Pineapple	Poppy Seed Chicken or Country Fried Steak with gravy Cornbread Black-eye Peas Cabbage Peaches/Pears Remember: Boss's Day	Dill Chicken Sandwich or Meatloaf w/ Roll Macaroni and Cheese Green Beans Mashed Potatoes Sorbet Cups/Raisels	Pork Chopette w/Hot Roll Frito Chili Pie Carrots w/Dip English Peas Grapes/Pears	Lasagna or Chicken Rings Roll Sweet Potato Pinto Beans Peaches/Variety of Fruit
22 Cinnamon Roll	23 Cereal	24 Sausage and Biscuit	25 Bagels	26 Frudel
Chicken Philly Sub or Meatball Sub Cucumbers/Cherry Tomato and Dip Pepper Fries Plums/Tropical Fruit	Chicken and Waffles or Fried Bologna and Biscuit Hash Brown Casserole Carrots w/ Dip Apples/Pears	Chuckwagon Sandwich or Chicken Sandwich Lettuce, Tomato, Pickles Corn Baked Beans Sidekick Slushie/Peaches	Spaghetti w/ Breadstick or Mini Corn Dogs Slaw Glazed Carrots Blueberries/Mandarin Oranges	Chicken Tenders w/ Roll or Sloppy Joe w/Bun Cheesy Potatoes Spinach Salad Variety Of Fruit
29 Pillsbury Mini Cinis	30 Muffin	31 Cringing Chicken and Biscuit	NOV 1 Pop Tarts	NOV 2 Pillsbury Pancakes
“School” Pizza or Grilled Cheese Fries Carrots w/Dip Apples /Mandarin Oranges	Fish Sandwich w/Cheese or Manager's Choice Mashed Potatoes Fresh Side Salad Peaches/Pears	Creepy Chicken Slider or Haunted Ham and Cheese Slider Looney Lettuce, Tomato, Pickles Freaky Fries Boolicious Baked Beans Screaming Sidekick Slushie Rooty Tooty Raisels 	Sweet and Sour Chicken or Crispy Steak Lo Mein Noodles/Asian Rice Chinese Green Beans Broccoli with Cheese Grapes/Pineapple	Hamburger Steak or Pork Chop Garlic Toast Baked Sweet Potato Corn Blueberries/Oranges